

Piecing on your Stand Up Machine

by Dawn Cavanaugh

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Skill Builder Objectives: Students will learn the basics of piecing on a stand up frame through a flip and sew technique to construct four placemats. Students will learn how to embellish with applique and couching. Various methods will be introduced, allowing the students to explore techniques beyond the classroom setting.

While the class time should be adequate to complete the project, each student is encouraged to work at his or her own pace so that a full understanding of the techniques can be achieved. The class will be structured in such a way that the student could complete the project at home if necessary. Applique patterns and complete instructions will be provided.

Supplies listed will be sufficient to create four placemats. You will have some small fabric pieces left over when the project is complete.

You can choose one of the design ideas provided to help you select your fabric combinations, or you may choose to create your own. This project is meant to inspire you; once you learn the technique, the possibilities are endless!

Preparation and Supplies Needed for Class:

* Please pre-wash and press all fabrics; do NOT use fabric softener or dryer sheets. Yardages assume a fabric width of 42" from selvage to selvage.

Pieced Portion of Placemats:

Fabric A: Cut four (4) strips, each measuring - 4-1/2" x 42"

Fabric B: Cut four (4) strips, each measuring - 3-1/2" x 42"

Fabric C: Cut three (3) strips, each measuring - 3-1/2" x 42"

Fabric D: Cut four (4) strips, each measuring - 2" x 42"

Fabric E: Cut four (4) squares, each measuring 7" x 7",

OR "fussy cut" four (4) 7-inch squares with design centered in square

Fabric F: 2 yards 45" wide muslin for foundation

Fabric G: Cut eight (8) squares of backing fabric, each measuring 14" x 14"

Fold over one inch to the wrong side along one edge only of each square. Press. Stitch close to the raw edge, making a hem. Three edges will remain unfinished.

Applique Portion of Placemats:

Spring Flower Design: Cut eight (8) squares for flowers, each measuring 8" x 8"

(colors your choice)

Cut eight (8) squares for flower centers, each 3" x 3"
Cut four (4) squares for leaves, each measuring 8" x 8"

Autumn Leaves Design: Cut twelve (12) squares for leaves from a variety of fabrics,
(colors your choice) each measuring 8" x 8"

Coffee House Design: Cut eight (8) squares for coffee cups, each measuring 8" x 8"
(colors your choice) Cut four (4) rectangles for spoons, each measuring 3" x 6"

Other Supplies Needed:

Batting: Cut four (4) pieces, 16" x 22" (for best results, choose a thin cotton batting such as Quilter's Dream or Warm and Natural)

Couching Fiber: 8-12 yards of yarn, cording, braid, etc. to match your theme.
For example, you may like green yarn for leaf stems, white cording to represent coffee steam, brown yarn for autumn leaf vines, etc.
Use your imagination!

* **Cone Thread to Match your Appliques**

* **Scissors**

* **Pins**

* **Pencil**

* **12-inch ruler (preferably a clear one such as a rotary cutting ruler)**

* **Water-soluble Marker**

Teacher will provide:

* Complete Instructions

* Templates

* Bobbins

* Spray Baste

* Fusible Product for Applique

* Invisible Thread for Couching