

Hand Appliqué by Machine Forget-me-not

Finishes 18 inches square

Fabric

For the applique:

Fat Quarters of three shades of a flower color, and
two shades of ribbon color

Fat Eighths of two shades of green and
A smidgen of something for the centers

For the background:

½ yard Background Fabric (includes binding)

¼ yard Background Accent Fabric

**The pieced the background is optional, an 18 inch square
of fabric would be just fine too.

Notions

Stapler

Staple Remover

Large paper scissors

Small, sharp fabric scissors

Pencil

Freezer paper or Wash Away Applique Sheets

Water soluble glue stick (please make sure it's new!)

Polyester Invisible Thread

(Sulky or Superior brands **strongly recommended**)

70/10 Sharp (Microtex) sewing machine needles

Flat flower head pins (recommended, not required)

Small Light box (not required)

**One iron and ironing board for every four students
would be ideal.**

Sewing machine in good working order

Open-toed or clear foot for high visibility

100% cotton thread for bobbins in neutrals (if your
background is light, you'll want light thread in the
bobbin. If your appliqué is dark you'll want dark thread
in your bobbin.)

**NOTE:

The machine needs to be able to do at least a zig
zag stitch that is adjustable in length and width.
Please bring your machine manual to class.

Remember to bring the power cord and foot pedal



½ yard Background Fabric

Cut two strips 4¼" x WOF (width of fabric)

Cut sixteen 4¼" squares

Cut one strip 1¼" x WOF

Cut sixteen 1¼" squares

Cut two 2" strips (for the binding)

¼ yard Background Accent Fabric

Cut two strips 4¼" x WOF

Cut thirty-two 1¼" x 4¼" rectangles

Piecing the background

The basic block is simply an uneven four
patch. Using a ¼" seam allowance, sew
two Accent fabric rectangles to the
Background Fabric squares. Press the seams towards
the Accent Fabric rectangles. Make 16.



Another Four-patch

Now we'll use these blocks to make
a larger four-patch. Notice how the
blocks are turned, small Background
Fabric squares facing in to the center
and facing out from the center. Where
possible, press the seams towards the Accent Fabric
rectangles. Make 4.



But wait! There's one more four-patch!

To finish the background let's take
those four patches and sew them
together. All four of the blocks are
turned the same way. Press the
seams towards the Accent Fabric
Rectangles where possible.

